

Sneakersocks

(by marion nowak/nowaks nähköstchen)

Material: about 47g Zwerger „Opal Cotton“

2 circular needles US #00/
1,75 mm (If you prefer you can use one circ and knit with the „Magic Loop“ technique or knit with a set of dpns. Since I'm knitting quite loosely most people will have to go up one needle size, so please swatch and compare gauge.)

1 Tapestry needle

Size: European 38/39

Gauge in stockinette: 33
stitches/ 46 rows = 10 cm/ 4 inch

CO: The socks are knitted toe up.

Co 16stitches, 8 on each needle, then knit every stitch once.

(I started with „figure 8“ but you can use any technique you like as long as they result in stitches „facing“ each other back to back. 8 stitches face up, 8 stitches face down.)

Knit in rounds.

Toe: Increases happen at the beginning and the end of each needle. For the increases I knitted a second stitch out of the second and the second stitch before end of needle of each needle. (Another possibility would be to make a stitch between the second and third stitch and the third and second stitch before the end of the needle. Or whatever technique you like.)

3x each round (=28 stitches)

7x every second round (=56 stitches)

4x every third round (=72 stitches)

Foot:

Rd 1: needle 1 (sole): k 36; needle 2 (foot):
yo, k2tog

Rd 2: needle 1 (sole): k 36; needle 2 (foot):
k2tog, yo

Repeat these two rounds until you have finished 53 rounds.

Minigusset:

Rd 54: needle 1: k 36; needle 2: yo, *k2tog., yo

Rd 55: needle 1: k 36; needle 2: k 1, *yo, k2tog.*, yo

Rd 56: needle 1: k 36; needle 2: yo, k1, *k2tog., yo*, k 1

Rd 57: needle 1: k 36; needle 2: *yo, k2tog.*, yo, k 1.

Now you have 36 stitches on needle 1 and 40 stitches on needle 2



Rd 58: needle 1: k 36; needle 2: *k 2, p2*

Heel: The heel is worked with short rows on needle 1.

k 36, turn,
Turnstitch, p 35, turn,
Ts, k 34, turn,
Ts, p 33, turn,
Ts, k 32, turn,
Ts, p 31, turn,
(...)
Ts, k 14, turn,
Ts, p 13, turn
Ts, k 12, k 12 over Ts, needle 2 *k 2, p 2*

Continue with needle 1: k 12 over Ts, k 13, turn

Ts, p 13, turn,
Ts, k 14, turn,
Ts, p 15, turn,
Ts, k 16, turn
(...)
Ts, k 32, turn,
Ts, p 33, turn,
Ts, k 34, turn,
Ts, p 35, turn.

(„Turnstitches“ are something you make to prevent holes on the turningpoints. I am using a method from the German webside from Junghans-wool: You slip a stitch as if to purl. The working yarn is at the front. Then you pull the yarn very strong to the back, the stitch will be torn to the back and there will be two loops on the needle, looking as if there were two stitches. When you knit or purl that stitch later you knit those two loops as if you would knit(purl two together. Since it is only one stitch the number of stitches does not change that way.)

Cuff:

Rd 1: Ts, k 1, p 2 *k 2, p 2*
Rd 2 -7: *k 2, p 2*

Bind off: in ribbing pattern.

Weave in ends.

