## Karamell

(by marion nowak/nowaks nähkästchen)

Materials: about 35g Lana Grossa "Meilenweit 50 Cotton"

2 circular needles US #00/1,75 mm (If you prefer you can use one circ and knit with the "Magic Loop" technique or knit with a set of dpns. Since I'm knitting quite loosely most people will have to go up one needle size, so please swatch and compare gauge.)

1 Tapestry needle

European 38-40 (sole length of the finished sock, unstretched: 22 cm. *The eylet pattern adds stretchyness.*)

Gauge in stockinette: 33 stitches/ 46

rows = 10 cm/4 inch

The "socks" are knited toe up.

**CO** 24 stitches, 12 on each needle, then knit every stitch once.

(I started with "figure 8" but you can use any technique you like as long as they result in stitches "facing" each other back to back. 12 stitches face up, 12 stitches face down.)

Knit in rounds.

The stitches on needle 1 will make the sole, the stitches on needle 2 the upper part.



## Toe:

Round 1: knit

Rd 2: knit while adding stitches.

(Stitches are added between the first and the second and the last but one and the last stitch of every needle. I used the technique to make a loop as described by Zimmermann. But you can of course use any technique you like.)

Rd 3: knit

Rd 4: knit while adding stitches

Rd 5: 2x (k2, 6x (yo, k2tog), k2)

Rd 6 - 10: rd 2 and rd 3 alternating

Rd. 11: 2x (k3, 8x (yo, k2tog), k3)

Rd 12- 16: rd 2 and rd 3 alternating

Rd. 17: 2x (k2, 12x (yo, k2tog), k2)

Rd 18 - 20: rd 2 and rd 3 alternating (= 64 stitches)

## Foot:

Rd 21 – 22: knit

Rd 23: needle1: k2, 14x (yo, k2tog), k2; needle 2: k5, 5x (p2, k2), p2, k5

Rd 24 – 27: needle 1: knit; needle 2: k5, 5x (p2, k2), p2, k5

Rd 28: needle 1: knit, knit the first two stitches of needle 2 with needle 1 (which transfers them to needle 1); needle 2: k3, 5x (p2, k2), p2, k3, slip the last two stitches of needle 2 to needle 1.

Continue to knit in rows on needle 1 only.

R1: yo, k2, 16 x (yo, k2tog) re

Each row starts with a yo which remains on the needle and is not knitted on the further rows. (*Make sure to pull the yarn rather tight after the yo and also to knit the first stitch of each row rather tight, so there will be no holes later. While you knit it's a good idea to transfer the yo from time to time to needle 2.*)

The sole will be knitted over 60 rows, doing the following repeat 10 times.

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R2: yo, p36
R3: yo, k36
R4: yo, p36
R5: yo, k36
R6: yo, p36
Heel is knit with short rows. You have 36 stitches on needle 1, all yo are on needle 2.
yo, k2, 16 x (yo, k2tog), k2, turn,
Turnstitch, p35, turn,
ts, k34, turn,
ts, p33, turn,
ts, k32, turn,
ts, p31, turn,
ts, k1, 14 x (yo, k2tog), k1, turn,
ts, p29, turn,
ts, k28, turn,
ts, p27, turn,
ts, k26, turn,
ts, p25, turn,
ts, k2, 10 x (yo, k2tog), k2, turn,
ts, p23, turn,
ts, k22, turn,
ts, p21, turn,
ts, k20, turn,
ts, p19, turn,
ts, k1, 8 x (yo, k2tog), k1, turn,
ts, p17, turn,
ts, k16, turn,
ts, p15, turn,
ts, k14, turn,
ts, p13, turn,
ts, k2, 4 x (yo, k2tog), k2, k12 over the ts, turn.
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(Now it's a good moment to put your foot in the sock and to check whether the size is right. Each foot has a different shape and every heel is different. If the sole is to short frog the heel and add some rows, it the sole is to long frog the heel and some rows of the foot.)

Yo, p36 (=p24 and p12 over the ts), turn, yo, k25, turn, ts, p13, turn,



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ts, k14, turn,
ts, p15, turn,
ts, k1, 6 x (yo, k2tog), k3, turn,
ts, p17, turn,
ts, k18, turn,
ts, p19, turn,
ts, k20, turn,
ts, p21, turn,
ts, k2, 9 x (yo, k2tog), k2, turn,
ts, p23, turn,
ts, k24, turn,
ts, p25, turn,
ts, k26, turn,
ts, p27, turn,
ts, k1, 12 x (yo, k2tog), k3, turn,
ts, p29, turn,
ts, k30, turn,
ts, p31, turn,
ts, k32, turn,
ts, p33, turn,
ts, k2, 15 x (yo, k2tog), k2, turn,
ts, p35, turn,
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("Turnstitches" are something you make to prevent holes on the turningpoints. I am using a method from the German webside from Junghans-wool: You slip a stitch as if to purl. The working yarn is at the front. Then you pull the yarn very strong to the back, the stitch will be torn to the back and there will be two loops on the needle, looking as if there were two stitches. When you knit or purl that stitch later you knit those two loops as if you would knit/purl two together. Since it is only one stitch the number of stitches does not change that way.)

**Cuff:** Redistibute the stitches. The yo after needle 1 are slipped to needle 1. The vos of the other side and the stitches from the toe remain on needle 2. The vo in before the heel stitchs which are on needle 1 go to needle 2. You start knitting the cuff with needle 1 and you start with a stitch, not with one of the yo.

Make one ts, then start counting the rows again.

Rd 1: 8x (k2, p2), k2, p1,

pick up one stitch, 23x (k2, p2).

Rd 2: 2x (k2, p2), k2, p1, k2tog, k1, p2, k2, p2, k1, ssk, p1, 10x (k2, p2), sl2k1psso, p1, 6x (k2, p2), k2, p1, sl2k1psso, p2, 7x (k2, p2).

Rd 3: 2x (k2, p2), k2, p1, 2x (k2, p2), k2, p1, 9x (k2, p2), k2, 1 pl, sl2k1psso, 6x (k2, p2), k2, sl2k1psso, p1, 7x (k2, p2).

Rd 4: 2x (k2, p2), k2, k2tog, 1 re, p2, k2, p2, k1, ssk, 9x (k2, p2), k2, sl2k1psso, k1, p2, 5x (k2, p2), k1, sl2k1psso, 7x (k2, p2).

**Bind off** in ribbing pattern.



## Weave in ends

(If you wonder why the colors look very different in two pics... two pics were taken from a different one of my pattern, but the steps are the same here, so I took the pics I already had.)

