Gretel

(by marion nowak/nowaks nähkästchen)

Material: Materials: about 35g Zwerger "Opal Cotton"

2 circular needles US #00/ 1,75 mm (If you prefere you can use one circ and knit with the "Magic Loop" technique or knit with a set of dpns. Since I'm knitting quite loosely most people will have to go up one needle size, so please swatch and compare gauge.)
1 Tapestry needle

Size: European 38-40 (sole length of the finished

sock: 24 cm)

Gauge in stockinette: 33 stitches/ 46 rows = 10

cm/ 4 inch

The "socks" are knited toe up.

CO 24 stitches, 12 on each needle, then knit every stitch once.

(I started with "figure 8" but you can use any technique you like as long as they result in stitches "facing" each other back to back. 12 stitches face up, 12 stitches face down.)

Knit in rounds.

The stitches on needle 1 will make the sole, the stitches on needle 2 the upper part.

After cast on purl the stitches from needle 1, on needle 2 p4, k4, p4. (This counts as first round.)

Toe:

Needle 1 is always purl. Stitches are added between the first and the second stitch and between the last but one and the last stitch.

Increasing starts in round 5 and then in every other round until you have 34 st. on needle 1. (Increases are worked in rounds 5, 7, 9, 11, 13, 15, 17, 19, 21, 23.)
Then purl until round 29.



For needle 2 work according to the following chart:

```
-vv----vv---vv---vv---vv-
                           R29
--vv---vv--vv--vv---vv--
                           R28
---xx--vv--vv--vv--vv--xx---
                           R27
---vv--vv--vv--vv--vv--v
                           R26
---vv--vv--vv--vv--vv---
                           R25
----vv-----
                           R24
----vvz-----zvv----
                           R23
----vv----
                           R22
----xxz-----zxx----
                           R21
 ----vv-----
                           R20
 ----zvvz-----
                           R19
  ----vv----
                           R18
  ----ZVVZ----
                           R17
   ----vv-----
                           R16
   ----xxz-----zxx----
                           R15
   ----VV-----
                           R14
   ----VVZ-----ZVV----
                           R13
    ----vv-----
                           R12
    ----vvz-----zvv----
                           R11
     ----vv----
                           R10
     ----xxz----zxx----
                           R9
      ----vv----
                           R8
      ----VVZ--ZVV----
                           R7
      ----vv--vv----
                           R6
      ----VVZZVV----
                           R5
       ----vvvv----
                           R4
                           R3
       ----vvvv----
       ----vvvv----
                           R2
                           R1
       ----vvvv----
```

-: purl

v: knit

z: make 1

-vv: put 1 stitch on a cable needle behind your work, k2, put stitch from cable needle back to working needle, p1

vv-: put 2 stitches on a cable needle in front of your work, p1, put stitch from cable needle back to working needle, k2

xx: put 1 stitch on a cable needle behind your work, k1, put stitch from cable needle back to working needle, k1

xx: put 1 stitch on a cable needle in front of your work, k1, put stitch from cable needle back to working needle, k1

-xx: put 2 stitches on a cable needle behind your work, k1, put stitches from cable needle back to working needle, k1, p1

xx-: put 2 stitches on a cable needle in front of your work, p1, put stitches from cable needle back to working needle, now put 1 stitch on a cable needle in front of your work, k1, put stitch from cable needle need back to working needle, k1

Foot: Transfer the first and the last 3 stitches from needle 2 to neelde one (38 stitches) and continue to knit in rows on needle 1 only. Knit the stitches as they appear. Since you transferred 3 already

knitted stitches on the needle you will start the first row with stitch 4. Don't let that irritate you, that'S finde.

Each row starts with a yo which remains on the needle and is not knitted on the further rows. (Make sure to pull the yarn rather tight after the yo and also to knit the first stitch of each row rather tight, so there will be no holes later. While you knit it's a good idea to transfer the yo from time to time to needle 1.)

Row1: p33, k2

R 2: yo, p2, k34, p2

R 3: yo, k2, p34, k2,

R 4: yo, put 1 stitch on a cable needle in front of your work, p1, put stitch from cable needle back to working needle, p1, k34, put 1 stitch on a cable needle behind of your work, p1, put stitch from cable needle back to working needle, p1

R 5-R 9: as R 2 and 3 alternating

R 10: yo, put 1 stitch on a cable needle in front of your work, p1, put stitch from cable needle back to working needle, p1, k15 p4, k15, put 1 stitch on a cable needle behind of your work, p1, put stitch from cable needle back to working needle, p1

R 11: yo, k2, p15, k4, p15, k2

R 12: yo, p2, k15, p4, k15, p2

R 13: as R 11

R 14: as R 12

R 15: as R 11

R 16: yo, put 1 stitch on a cable needle in front of your work, p1, put stitch from cable needle back to working needle, p1, k14 p6, k14, put 1 stitch on a cable needle behind of your work, p1, put stitch from cable needle back to working needle, p1

R 17: yo, k2, p14, k6, p14, k2

R 18: yo, p2, k14, p6, k1, p2

R 19: as R 17

R 20: as R 18

R 21: as R 17

R 22: yo, put 1 stitch on a cable needle in front of your work, p1, put stitch from cable needle back to working needle, p1, k13, p8, k13, put 1 stitch on a cable needle behind of your work, p1, put stitch from cable needle back to working needle, p1

R 23: yo, k2, p13, k8, p13, k2

R 24: yo, p2, k13, p8, k13, p2

R 25: as R 23

R 26: as R 24

R 27: as R 23

R 28: yo, put 1 stitch on a cable needle in front of your work, p1, put stitch from cable needle back to working needle, p1, k12, p10, k12, put 1 stitch on a cable needle behind of your work, p1, put stitch from cable needle back to working needle, p1

R 29: yo, k2, p12, k10, p12, k2

R 30: yo, p2, k12, p10, k12, p2

R 31: as R 29

R 32: as R 30

R 33: as R 29

R 34: yo, put 1 stitch on a cable needle in front of your work, p1, put stitch from cable needle back



to working needle, p1, k11, p12, k11, put 1 stitch on a cable needle behind of your work, p1, put stitch from cable needle back to working needle, p1

R 35: yo, k2, p11, k12, p11, k2

R 36: yo, p2, k11, p12, k11, p2

R 37: as R 35

R 38: as R 36

R 39: as R 35

R 40: yo, put 1 stitch on a cable needle in front of your work, p1, put stitch from cable needle back to working needle, p1, k10, p14, k10, put 1 stitch on a cable needle behind of your work, p1, put stitch from cable needle back to working needle, p1

R 41: yo, k2, p10, k14, p10, k2

R 42: yo, p2, k10, p14, k10, p2

R 43: as R 41

R 44: as R 42

R 45: as R 41

R 46: yo, put 1 stitch on a cable needle in front of your work, p1, put stitch from cable needle back to working needle, p1, k9, p16, k9, put 1 stitch on a cable needle behind of your work, p1, put stitch from cable needle back to working needle, p1

R 47: yo, k2, p9, k16, p9, k2

R 48: yo, p2, k9, p16, k9, p2

R 49: as R 47

R 50: as R 48

R 51: as R 47

R 52: yo, put 1 stitch on a cable needle in front of your work, p1, put stitch from cable needle back to working needle, p1, k8, p18, k8, put 1 stitch on a cable needle behind of your work, p1, put stitch from cable needle back to working needle, p1

R 53: yo, k2, p8, k18, p8, k2

R 54: yo, p2, k8, p18, k8, p2

R 55: as R 53

R 56: as R 54

R 57: as R 53

R 58: yo, put 1 stitch on a cable needle in front of your work, p1, put stitch from cable needle back to working needle, p1, p34, put 1 stitch on a cable needle behind of your work, p1, put stitch from cable needle back to working needle, p1

R 59: vo, k38

R 60: yo, p38

Heel: is knit with short rows. You have 38 stitches on needle 2, all yo are on needle 1.

k38, turn

Turnstitch, p37, turn

Ts, k36, turn

Ts, p35, turn

(...)

Ts, p15, turn

Ts, k14, turn

Ts. p13, turn

Ts, k12, p13 over the ts, turn

(Now it's a good moment to put your foot in the sock and to check whether the size is right. Each foot has a different shape and every heel is different. If the sole is to short frog the heel and add some rows, it the sole is to long frog the heel and some rows of the foot.)

p 1 row, turn k26, turn. Ts, p13, turn Ts, k14, turn,

Ts, p15, turn

1s, p15, turn

Ts, k16, turn

(...)

Ts, k34, turn,

Ts, p35, turn

Ts, k36, turn

Ts, p37, turn



("Turnstitches" are something you make to prevent holes on the turningpoints. I am using a method from the German webside from Junghans-wool: You slip a stitch as if to purl. The working yarn is at the front. Then you pull the yarn very strong to the back, the stitch will be torn to the back and there will be two loops on the needle, looking as if there were two stitches. When you knit or purl that stitch later you knit those two loops as if you would knit(purl two together. Since it is only one stitch the number of stitches does not change that way.)

Cuff: Redistibute the stitches. The yo behind needle 2 (= the side where the working yarn is not hanging) are slipped to needle 2. The yos of the other side and the stitches from the toe remain on needle 1. You start knitting the cuff with needle 1

Round 1: Ts, k1, p2, 29x (k2, p2), k2, p1, pick up one stitch.

Round 2: k2, p2, k1, ssk, 1p,

5x (k2, p2), k2, p1, k2tog, k1, p2, 7x (k2, p2), k2, p1, s2kp2, p2, 5x (k2, p2), s2kp2, p1, 7x (k2, p2). Round 3: 2k, p2, k1, ssk, 5x (k2, p2), k2, k2tog, k1, p2, 7x (k2, p2), k2, s2kp2, p1, 4x (k2, p2), k2, p1, s2kp2, 7x (k2, p2).

Round 4: k2, p2, k1, ssk, k1, p2, 4x (k2, p2), k1, k2tog, k1, p2, 7x (k2, p2), k1, s2kp2, 4x (k2, p2), k2, s2kp2, k1, p2, 6x (k2, p2).

Rd 5: k2, p2, k1, ssk, p2, 4x (k2, p2), k2tog, k1, p2, 7x (k2, p2), 2s2kp2, k1, p2, 3x (k2, p2), k1, s2kp2, p2, 6x (k2, p2).



Bind off: in ribbing pattern.

Weave in ends

(If you wonder why the colors look very different in two pics... two pics were taken from another of my pattern, but the steps are the same here, so I took the pics I already had.)



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